

HOW TO GET ORGANIZED: MY TOP 3 TIPS



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DESCRIPTION

Could getting organized be as simple as 1-2-3? In this presentation, Lauren identifies the many mental blocks that prevent most people from getting organized, and how best to overcome them. Her top organizing tips will help us understand how knowing ourselves, breaking tasks down, and being mindful are the keys to making organizing fun and lasting!

With these tips, and a bonus section on Basic Organizing Tips & Tricks, you can tackle any organization task that comes your way - whether you're dealing with digital files, paperwork, a physical space, or even downsizing and relocating. These tips can also help you achieve a better work-life balance. As one client shared "Lauren's an intelligent force of organizing nature who makes the organizing process more fun and efficient than it has any right being."

OBJECTIVES

- Learn why knowing yourself helps you pick up organizing skills that last.
- Identify why it's important to Eat the Elephant, and the Frog!
- Explore the science behind mindfulness and how the mind is the key to keeping organized.
- Discover tips and tricks from the Pros that will help you organize in any space.

OTHER TOPICS

Boundaries

Nextoor.com Marketing

Getting Littles Organized

Holistic Organizing

Kitchen Organization

