

UNLOCKING HUMAN DESIGN: TYPE, STRATEGY, & AUTHORITY



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DESCRIPTION

Human Design is a system that's part science, part spirituality, that tells you who you were designed to be in the world. Similar to Meyers Briggs or Enneagram, using Human Design as a tool helps you to live more authentically and aligned. It's like being gifted the manual to your life! Identify the best way for you to make aligned decisions, how to tell when you're out of alignment, and the best ways for you to interact with others.

By scratching the surface of this extremely complex system, Lauren will help you identify your energy type, aura, signature and not-self, as well as your strategy and authority, which is how you are designed to make aligned decisions. Lauren will also briefly touch on the centers for context with regard to authority, and will let you know about the other areas of Human Design if you're interested in further exploration.

OBJECTIVES

- Learn your unique Type and how your aura envelopes, absorbs, samples or repels people!
- Identify your Strategy and how to make sure you're living in alignment.
- Dive into our Authority to ensure you're making the correct decisions for you, and why logic never really works for any type.
- Discover how deep Human Design can go, and how learning more about this system can give you more confidence and better understand other people in your life.

OTHER TOPICS

Boundaries

Nextoor.com Marketing

Getting Littles Organized

Holistic Organizing

Kitchen Organization

